CRAFT SOCIAL GYM

An active break between Christmas and New Year

27 - 31 DECEMBER 2026

FREE FOR HOTEL GUESTS

PROGRAMME

SUNDAY 27/12	**08:00**	Bodyweight Workout
	17:00	Gentle Yoga
MONDAY 28/12	**08:00**	Morning Yoga
	11:00	Bootcamp
	17:00	Core/back 30 min + Stretching 30 min
TUESDAY 29/12	**08:00**	Morning Yoga
	17:00	Bootcamp
WEDNESDAY 30/12	**08:00**	Bodyweight Workout
	11:00	Bootcamp
	19:00	Yin Yoga
THURSDAY 31/12	**08:00**	New Year's Workout

FOR CABIN OWNERS

SINGLE SESSION: NOK 275

WEEKLY PASS: NOK 695
Valid for all sessions from 27-31 December

PRACTICAL INFORMATION
No booking required - just drop in!
Yoga in Pellesalen, Bootcamp in the gym.
All equipment is provided. Wear comfortable clothes you can move in.
Complimentary fruit and smoothies. CRAFT sportswear available to purchase.

Pellestova
HAFJELL

CRAFT